Helge HENKILÖSTÖ-RAVINTOLA

11/16/2026 - 11/21/2026

Monday	Lunch	***Chicken tenderloin steak from Kiev** LL, L
		Chicken sauce LL, L, NO-MILK
	Lunch2	**Ham Carbonara** LL, L
	Soup lunch	**Herbal meat soup** LL, L, G, NO-MILK
	Vegetarian lunch	**Coconut- sweet potato soup** LL, L, G, VEGAN, NO-MILK
	Dessert	**Fruit** LL, L, G, VEGAN, NO-MILK
Tuesday	Lunch	***Karelian Stew** LL, L, G, NO-MILK
	Lunch2	**Chicken korma** LL, L, G
	Soup lunch	**Cowboy minced meat soup** LL, L, G
	Vegetarian lunch	**Cauliflower Wings** LL, L, G, VEGAN, NO-MILK
		Curry Sauce, vegan LL, L, VEGAN, NO-MILK
	Dessert	**Rosehip Layer Kissel** LL, L, G
Wednesday	Lunch	**Pork steak in bacon sauce** LL, L, NO-MILK
	Soup lunch	**Salmon and Vegetable Soup** LL, L, G
	Vegetarian lunch	**Vegetable Baked Pasta, vegan** LL, L, VEGAN, NO-MILK
	Dessert	**Quark** LL, L, G
Thursday	Lunch	***Teriyaki beef** LL, L
	Lunch2	**Salmon & Potatoes Casserole** LL, L, G
	Soup lunch	**Pea soup with minced meat** LL, L, NO-MILK
	Vegetarian lunch	**Paprika-cauliflower soup with tofu** LL, L, G, VEGAN, NO-MILK
	Dessert	**Pancakes**
		Strawberry jam LL, L, G, NO-MILK
Friday	Lunch	**Honey pork** LL, L, G
	Lunch2	**Cheeseburger meal** LL, L
	Soup lunch	**Spinach Soup & Egg**
	Vegetarian lunch	**Vegan burger meal** LL, L, VEGAN, NO-MILK
	Dessert	**Fruit curd** LL, L, G
Saturday	Lunch	**Swiss schnitzel** LL, L, G
		Swiss schnitzels sauce LL, L, NO-MILK
	Dessert	**Fruit kissel** LL, L, G, VEGAN, NO-MILK

LL=low lactose L=lactose free G=gluten free
Lunch is available on weekdays from 9.00 - 13.00. * marked available 9.00 - 17.00
Lunch served on Saturday 9.00 - 13.00
Picadeli salad bar open on weekdays 7.00 - 22.00
Special diets are usually prepared from lunch 1